

KONG STUFFING RECIPES

Reproduced with kind permission from the N.C.D.L

ICED KONG

Plug the end of the Kong with a treat. Turn it upside down in a cup. Fill it full of chicken gravy and freeze. Try Cat food as well.

WARNING - Frozen kong can get messy and are recommended for outdoor use only.

SPANISH KONG

1 egg, grated cheese and any vegetables your dog likes.

Scramble the egg and fold in the vegetables. Squash into the Kong. Sprinkle some cheese over the top and microwave for about 20 seconds to seal the ingredients. Cool thoroughly.

WARNING - Cheese becomes very hot in the microwave.

KONG AU GRATIN

Mix cheese pieces or cheese spread with your dogs usual dried dog food and press into the Kong. Microwave until the cheese starts to melt and bind the food together. Let it cool to a safe temperature. Use a cup to contain the Kong when in the microwave.

NOUVELLE KONGS

Smear peanut butter or Marmite inside the cavity of the Kong for a quick and minimalist alternative.

TANTALISERS

Cheese, Chicken skin, Bacon, Pate, Cooked lamb's liver, meaty canned cat food. - Use very sparingly and make sure this treat blocks the top hole so that none of your other ingredients fall out.

MAIN COURSES

Small dog biscuits, bread sticks, garlic bread, pizza crusts, carrot batons - These treats should be wedged into place. Experiment with different brands of dog biscuits and look at small dog sizes which are very versatile. You want to leave lots of interesting gaps. some biscuits should be harder to get out than others.

INSTANT REWARDS

Freeze-dried liver, cat treats, Chopped sausage, grated cheese. - These need to be small, flavoursome goodies. the second

your dog nudges the Kong, some of these should fall out to get him hooked. If they are all dispersed immediately, its going to be a bit dull for your dog - so make sure you shake the Kong as you're filling it so some bits end up working their way into all the crevices created by the wedged biscuits.

BANANA-RAMA

1 fresh banana · 2 tbs wheat germ · 1 tbs plain yoghurt (can use your pet's favorite flavor as well) - Mash up the banana, add wheat germ and yogurt. Mash all ingredients together and use spoon to add to Kong. Freeze for 4 hours.

CHEESY DENTAL KONG DELIGHT

3 slices of your pet's favorite cheese - Just place the 3 slices of cheese directly onto the grooves of your pet's Dental Kong (if model has rope - make sure cheese does not get onto it). Melt in microwave for 20 to 30 seconds. Give to pet after it cools.

PHILLY STEAK

Steak scraps · 1 ounce cream cheese - Place small scraps of the steak inside Kong toy. Spread cream cheese in the large hole to hold scraps.

FRUIT SALAD

Apple and carrot chunks, 1/4th of a banana - Place apples and carrots into Kong. Mash the banana in the large hole to hold fruit in place. You can include other fruits and vegetables, such as orange slices, peach, nectarine chunks, celery sticks, broccoli, cauliflower, tomato and black olive mixture.

MAC 'N CHEESE

Leftover macaroni and cheese · small cube of Velveeta · appropriate Kong Toy Melt Velveeta in microwave until gooey. Add mac 'n cheese to Kong Toy. Pour heated Velveeta into Kong. Make sure it has cooled before giving to your pet.

FAMOUS RECIPES

AUNT JEANNIE'S ARCHEOLOGY KONG (for advanced dogs) LAYER ONE (deepest): roasted, unsalted cashews · freeze dried liver bits LAYER TWO: dog kibble, cookies or liver biscotti · Cheerios · sugar-free, salt-free peanut butter · dried banana chips, apples and apricots LAYER THREE: carrot sticks · turkey or leftover ravioli or tortellini · Kong Toy (the larger the better!) Pack as tightly as possible. The last item inserted should be an apricot or piece of ravioli, presenting a smooth "finish" under the main opening. LIGHT VERSION: substitute crumbled rice cakes for cashews, Caesar croutons for freeze-

dried liver, fat free cream cheese for peanut butter. - **by Jean Donaldson**

KONG ON A ROPE

Dry dog kibble · appropriate Kong Toy · Rope Take the rope, pull it through the Kong Toy and knot it. Hang this upside down from a tree, deck or post. The small hole should be facing the ground. Take the kibble and fill the Kong Toy. Make the toy hang just low enough that it is out of your dog's reach. The dog will spend hours trying to retrieve the kibble from the Kong Toy. At the end of the day, take the remaining kibble and give to your pet as a reward. This is advanced work for your dog. - **by Ian Dunbar**

FROZEN JERKY POPS

Peanut butter · bouillon · Jerky Strips · Water · appropriate Kong Toy · muffin tin Smear a small amount of peanut butter over small hole in your Kong Toy. Fill the cool water and add a pinch of bouillon. Place a Jerky Stick inside Kong Toy and freeze. This can also be put (once frozen) in a children's size swimming pool for a fun day of fishing for your pet. - **by Terry Ryan**

Just a word of friendly advice :-) I think Kong's are a wonderful invention and stuffing them is a great mental stimulator for dogs, as well as aiding relaxation, but some dogs that have problems are very frustrated and if given a Kong stuffed thoroughly and tightly can become more so - Please bear this in mind.- Gill